



Inspire Upper Airway Stimulation (UAS) System

Approval: 5/14/15	Revised: 12/18/23	Annual Review: 11/12/24
Line of Business: Commercial Only <input type="checkbox"/> QHP/Exchange Only <input type="checkbox"/> Medicare Only <input type="checkbox"/>		
Commercial & QHP/Exchange <input checked="" type="checkbox"/> Commercial, QHP/Exchange, & Medicare <input type="checkbox"/>		

Purpose:

The Medical Technology Assessment Committee will review published scientific literature and information from appropriate government regulatory bodies (when available) related to *Inspire Upper Airway Stimulation* in order to determine inclusion in the benefit plan.

Compliance Status:

- This procedure is in compliance with Food and Drug Administration (FDA) requirements.

Coverage Guidelines

A recommendation was made by the MTAC following discussion by committee members based on current literature:

- *Inspire Upper Airway Stimulation (UAS) System* is a covered benefit when used to treat Obstructive Sleep Apnea and the following criteria are met:
 - Procedure is done at a center of excellence by a physician with experience with the procedure
 - Apnea hypopnea index 20-65
 - BMI < 32
 - Intolerant to CPAP, sleep endoscopy

Disclaimer Information:

Coverage Issues Guidelines and Medical Technology Assessment Recommendations are developed to determine coverage for AvMed’s benefits and are published to provide a better understanding of the basis upon which coverage decisions are made. AvMed makes coverage decisions using these guidelines, along with the Member's benefit document. The use of this guideline is neither a guarantee of payment nor a final prediction of how specific claim(s) will be adjudicated.

Coverage Issues Guidelines and Medical Technology Assessment Recommendations are developed for selected therapeutic or diagnostic services found to be safe, but proven effective in a limited, defined population of patients or clinical circumstances. They include concise clinical coverage criteria based on current literature review, consultation with practicing physicians in the AvMed service area who are medical experts in the particular field, FDA and other government agency policies, and standards adopted by national accreditation organizations.

Treating providers are solely responsible for the medical advice and treatment of Members. This guideline may be updated and therefore is subject to change.