AvMed Embrace MDC Select HMO

Coverage for: Individual or Individual + Family| Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-682-8633 or visit www.avmed.org/mdc. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.cciio.cms.gov or call 1-800-682-8633 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0 individual/ \$0 family	See the Common Medical Event chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your <u>deductible</u> ?	This <u>plan</u> has no <u>deductible</u> in the MDC Select HMO Network.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> limit for this <u>plan</u> ?	\$2,500 individual/ \$5,000 dependent coverage	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out- of-pocket limit</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, prescription drug brand additional charges, and services this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of- pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.avmed.org/mdc or call 1-800-682- 8633 for a list of participating providers. Participants must use the MDC Select Network Providers in Miami-Dade, Broward, or Palm Beach County.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You	u Will Pay		
Common Medical Event	Services You May Need	MDC Select Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	 \$15 copay/ PCP; \$15 copay/ allergy injections; \$15 copay/ chiro svcs; \$15 copay/ podiatry services; \$15 copay/ Virtual Visits (Participating Providers); \$15 copay/ Telehealth Svc (MDLive) 	Not Covered	Additional charges may apply for non- preventive services performed in the Physician's office. Virtual Visits via Participating Providers. Telehealth/Telemedicine 'service' provided through MDLive.	
If you visit a health care <u>provider's</u> office or clinic	<u>Specialist</u> visit	 \$30 copay/ visit for Specialist; \$30 copay/ visit for allergy skin testing; \$30 copay/ visit for infertility treatment; \$30 copay/ Virtual Visits (Participating Providers) 	Not Covered	Additional charges may apply for non- preventive services performed in the Physician's office. Infertility coverage is limited to diagnostic testing and procedures performed specifically to determine the cause of infertility. Infertility treatment is limited to one sequence per participant lifetime for the following: sperm count, endometrial biopsy, hysterosalpingography (HSG), and diagnostic laparoscopy. Artificial insemination, In-vitro fertilizations, GIFT, ZIFT, and other infertility treatments are not covered. Virtual Visits via Participating Providers.	
	Preventive care/screening/ immunization	No Charge	Not Covered	You may have to pay for services that aren't <u>preventive</u> . Ask your provider if the services you need are <u>preventive</u> . Then check what your plan will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No Charge	Not Covered	Charges for office visits may apply if services are performed in a Physician's office.	
	Imaging (CT/PET scans, MRIs)	No Charge	Not Covered	Charge for office visits or Physician/professional services may also apply depending where services are received.	

Common		What You	u Will Pay	Limitations, Exceptions, & Other Important Information	
Medical Event	Services You May Need	MDC Select Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
If you need drugs to treat your illness or condition More information about	Generic drugs (Tier 1)	\$15 copay/ prescription (retail); \$30 copay/ prescription (mail order)	Not Covered	Retail charge applies per 30-day supply. Generic & brand drugs: covers up to a 90-	
	Preferred brand drugs (Tier 2)	\$25 copay/ prescription (retail); \$50 copay/ prescription (mail order)	Not Covered	day supply at retail pharmacies; and 60-90 day supply via mail order. Certain drugs in all tiers require prior	
prescription drug coverage is available at	Non-preferred brand drugs (Tier 3)	\$35 copay/ prescription (retail); \$70 copay/ prescription (mail order)	Not Covered	authorization. Brand additional charges may apply.	
www.avmed.org/mdc	Specialty Drugs (Tier 4)	Copays for Generic, Preferred brand and Non- preferred brand drugs also apply to Specialty drugs	Not Covered	Specialty and cost-sharing drugs available in 30-day supply only; not available via mail order.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge	Not Covered	Prior authorization required.	
	Physician/surgeon fees	No Charge	Not Covered	Prior authorization required.	
If you need immediate medical attention	Emergency room care	\$50 copay/ visit (waived if admitted)	\$50 copay/ visit (waived if admitted)	AvMed must be notified within 24-hours of inpatient admission following emergency services, or as soon as reasonably possible	
	Emergency medical transportation	No Charge	No Charge	When pre-authorized or in the case of emergency.	
	<u>Urgent care</u>	\$25 copay/ visit at urgent care facilities; \$15 copay/ visit at retail clinics	\$25 copay/ visit at urgent care facilities; \$15 copay/ visit at retail clinics	None	
If you have a hospital	Facility fee (e.g., hospital room)	No Charge	Not Covered	Prior authorization required.	
stay	Physician/surgeon fees	No Charge	Not Covered	Prior authorization required.	
If you need mental	Outpatient services	\$15 copay/ visit	Not Covered	None	
health, behavioral health, or substance abuse services	Inpatient services	Hospital stay: No Charge; Residential stay: No Charge	Not Covered	Prior authorization required. Residential stay is limited to 60 days per calendar year.	

Common		What You	u Will Pay		
Medical Event	Services You May Need	MDC Select Network Provider (You will pay the least)Out-of-Network Provider (You will pay the most)		Limitations, Exceptions, & Other Important Information	
If you are pregnant	Office visits	Routine OB: \$30 copay/ 1st visit only; subsequent visits at no charge	Not Covered	None	
	Childbirth/delivery professional services	Routine OB & Midwife services: \$30 copay/ 1st visit only; subsequent visits at no charge	Not Covered	Maternity care may include tests and services described elsewhere in the SBC (e.g., ultrasound).	
	Childbirth/delivery facility services	Hospital stay: No Charge; Birthing center: same as routine OB	Not Covered	Prior authorization required.	
	Home health care	No Charge	Not Covered	Approved treatment plan required.	
If you need help recovering or have other special health needs	Rehabilitation services	\$30 copay/ visit	Not Covered	Limited to 60 visits per calendar year for rehabilitative physical, occupational, speech & respiratory therapies combined; 36 visits per calendar year for cardiac rehabilitation.	
	Habilitation services	\$15 copay/ visit	Not Covered	Habilitative physical, occupational & speech therapy services, when provided for the treatment of autism spectrum disorder and Down syndrome, are covered to a combined maximum of 100 visits per calendar year.	
	Skilled nursing care	No Charge	Not Covered	Limited to 60 days per calendar year. Prior authorization required.	
	Durable medical equipment	\$50 copay/ episode of illness for DME and orthotic appliances; No charge/ device for prosthetic devices	Not Covered	Some limitations apply. Please see your Summary Plan Description for details.	
	Hospice services	No Charge	Not Covered	Limited to 360 day per participant lifetime maximum. Physician certification required.	
If your child needs dental or eye care	Children's eye exam	\$15 copay/ visit	Not Covered	Limited to 1 eye exam per year to determine the need for sight correction.	
	Children's glasses	Not Covered	Not Covered	Not covered under this medical and pharmacy benefits plan.	
	Children's dental check-up	Not Covered	Not Covered	Not covered under this medical and pharmacy benefits plan.	

Excluded Services & Other Covered Services Your Plan Generally Does		nore information and a list of any other <u>excluded services</u> .)
 Acupuncture Child Dental Check Up Child Glasses Cosmetic Surgery 	 Dental Care (Adult) Hearing Aids Long-Term Care Non-Emergency Care When Traveling Outside the U.S. 	 Private-Duty Nursing Routine Eye Care (Adult) Routine Foot Care Weight Loss Programs
Other Covered Services (Limitations	may apply to these services. This isn't a complete list	st. Please see your <u>plan</u> document.)
Bariatric Surgery (limited to JHS Centers of Excellence)	Chiropractic Care	 Infertility Treatment (limited to 1 sequence per participant lifetime)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information is: the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact AvMed's Member Engagement Center at 1-800-682-8633.

Does this plan provide Minimum Essential Coverage? Yes.

<u>Minimum Essential Coverage</u> generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

Does this plan meet Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Para obtener asistencia en Español, llame al 1-800-682-8633.

To see examples of how this **plan** might cover costs for a sample medical situation, see the next

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal ca hospital delivery)	re and a	Managing Joe's type 2 Diabetes (a year of routine in-network care of a well- controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
The plan's overall <u>deductible</u>	\$0	The plan's overall <u>deductible</u>	\$0	The plan's overall <u>deductible</u>	\$0
Specialist copayment	\$30	Specialist <u>copayment</u>	\$30	Specialist <u>copayment</u>	\$30
Hospital (facility) <u>copayment</u>	\$0	Hospital (facility) <u>copayment</u>	\$0	Hospital (facility) copayment	\$0
Other coinsurance	N/A	Other coinsurance	N/A	Other coinsurance	N/A
This EXAMPLE event includes services like Specialist office visits (<i>prenatal care</i>) Childbirth/delivery professional services Childbirth/delivery facility services Diagnostic tests (<i>ultrasounds and blood w</i> Specialist visit (<i>anesthesia</i>)	-	This EXAMPLE event includes service Primary care physician office visits (includes as education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose m	luding	This EXAMPLE event includes services like Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$0	<u>Deductibles</u>	\$0	Deductibles	\$0
<u>Copayments</u>	\$40	<u>Copayments</u>	\$1,000	<u>Copayments</u>	\$400
Coinsurance	\$0	Coinsurance	\$0	Coinsurance	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0

The plan would be responsible for the other costs of these EXAMPLE covered services.

The total Joe would pay is

\$100

The total Peg would pay is

\$400

The total Mia would pay is

\$1,020