Avmed Embrace

Coverage for: Individual or Individual + Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-682-8633 or visit www.avmed.org/mdc. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.cciio.cms.gov or call 1-800-682-8633 to request a copv.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$0 individual/ \$0 family	See the Common Medical Event chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your <u>deductible</u> ?	This <u>plan</u> has no <u>deductible</u> in the MDC Select HMO <u>Network</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> limit for this <u>plan</u> ?	\$2,500 individual/ \$5,000 dependent coverage	The <u>out-of-pocket limit</u> is the most you could pay covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket</u> <u>limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, prescription drug brand additional charges, and services this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.avmed.org/mdc or call 1-800-682- 8633 for a list of participating providers. Participants must use the MDC Select Network Providers in Miami-Dade, Broward, or Palm Beach County.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network</u> <u>provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral .



All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

	Common		What You	u Will Pay			
	Medical Event	Services You May Need	MDC Select Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information		
		Primary care visit to treat an injury or illness	 \$15 copay/ PCP; \$15 copay/ allergy injections; \$15 copay/ chiropractic svcs; \$15 copay/ podiatry services; \$15 copay/ Virtual Visits (Participating Provider) \$10 copay/ Telehealth svcs (MDLive) 	Not Covered	Additional charges may apply for non- preventive services performed in the Physician's office. Virtual Visits via Participating Providers. Telehealth/Telemedicine 'service' provided through MDLive.		
ca	you visit a health re <u>provider's</u> office or nic	<u>Specialist</u> visit	 \$30 copay/ visit for specialist; \$30 copay/ visit for allergy skin testing; \$30 copay/ visit for infertility treatment; \$30 copay/ Virtual Visits (Participating Providers) 	Not Covered	Additional charges may apply for non- preventive services performed in the Physician's office. Infertility coverage is limited to diagnostic testing and procedures performed specifically to determine the cause of infertility. Infertility treatment is limited to one sequence per participant lifetime for the following: sperm count, endometrial biopsy, hysterosalpingography (HSG), and diagnostic laparoscopy. Artificial insemination, In-vitro fertilizations, GIFT, ZIFT, and other infertility treatments are not covered. Virtual Visits via Participating Providers.		
		Preventive care/screening/ immunization	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.		
		Diagnostic test (x-ray, blood work)\$50 copay/ test; No charge at Jackson Health System; No charge for lab work at In- Network participating labImaging (CT/PET scans, MRIs)\$50 copay/ test at independent/non-hospital affiliated facilities. No charge at Jackson Health System		Not Covered	Charges for office visits may apply if services are performed in a Physician's office (x-ray, ultrasound, and mammograms are included in this category).		
lfy	you have a test			Not Covered	Charge for office visits or Physician/professional services may also apply depending on where services are received. Not covered at hospital-affiliated facilities except Jackson Health System.		

Common		What You	u Will Pay		
Medical Event	Services You May Need	MDC Select Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Generic drugs (Tier 1)	\$15 copay/ prescription (retail); \$30 copay/ prescription (mail order)	Not Covered	Retail charge applies per 30-day supply. Non-Maintenance generic & brand drugs: Covers up to 90-day supply at retail	
If you need drugs to treat your illness or condition More information about	Preferred brand drugs (Tier 2)	\$25 copay/ prescription (retail); \$50 copay/ prescription (mail order)	Not Covered	pharmacies; and 90-day mail order or 90-day at limited retail pharmacy network is required for maintenance drugs used for long term treatment.	
prescription drug coverage is available at www.avmed.org/mdc	Non-Preferred brand drugs (Tier 3)	\$35 copay/ prescription (retail); \$70 copay/ prescription (mail order)	Not Covered	Certain drugs in all tiers require prior authorization. Brand additional charges may apply.	
	Specialty drugs (Tier 4)	\$50 copay/ prescription (retail only)	Not Covered	Specialty drugs available in 30-day supply only; not available via mail order.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	\$50 copay/ visit; No charge at Jackson Health System	Not Covered	Prior authorization required.	
surgery	Physician/surgeon fees	No Charge	Not Covered	Prior authorization required.	
	Emergency room care	\$100 copay/ visit (waived if admitted)	\$100 copay/ visit (waived if admitted)	AvMed must be notified within 24-hours of inpatient admission following emergency services, or as soon as reasonably possible. Charges are waived if admitted.	
If you need immediate medical attention	Emergency medical transportation	No Charge	No Charge	When pre-authorized or in the case of emergency.	
	<u>Urgent care</u>	\$15 copay/ visit at JHS urgent care; \$25 copay/ visit at all other facilities; \$15 copay/ visit at retail clinics	\$15 copay/ visit at JHS urgent care; \$25 copay/ visit at all other facilities; \$15 copay/ visit at retail clinics	None	
	Facility fee (e.g., hospital room)	\$100 copay/ admission; No charge at Jackson Health System	Not Covered	Prior authorization required.	
	Physician/surgeon fees	No Charge	Not Covered	Prior authorization required.	

Common		What You	u Will Pay	Limitations, Exceptions, & Other Important Information	
Medical Event	Services You May Need	MDC Select Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
If you need mental	Outpatient services	\$15 copay/ office visit	Not Covered	None	
If you need mental health, behavioral health, or substance abuse services	Inpatient services	Hospital stay: \$100 copay/ admission; Residential stay: No Charge	Not Covered	Prior authorization required. Residential stay is limited to 60 days per calendar year.	
	Office visits	Routine OB & Midwife services: \$30 copay/ 1st visit only; subsequent visits at no charge when performed In- Network	Not Covered	None	
If you are pregnant	Childbirth/delivery professional services	No additional charge when performed In-Network	Not Covered	Maternity care may include tests and services described elsewhere in the SBC (e.g., ultrasound).	
	Childbirth/delivery facility services	Hospital stay: \$100 copay/ admission; No charge at Jackson Health System Birthing center: Same as Routine OB	Not Covered	Prior authorization required.	

Common	Services You May Need	What You	u Will Pay	Limitations, Exceptions, & Other Important Information	
Medical Event		MDC Select Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
	Home health care	No Charge	Not Covered	Approved treatment plan required.	
	Rehabilitation services	\$25 copay/ visit	Not Covered	Limited to 60 visits per calendar year for rehabilitative physical, occupational, speech & respiratory therapies combined; 36 visits per calendar year for cardiac rehabilitation.	
If you need help recovering or have other special health	Habilitation services	\$15 copay/ visit	Not Covered	Habilitative physical, occupational & speech therapy services, when provided for the treatment of autism spectrum disorder and Down syndrome, are covered to a combined maximum of 100 visits per calendar year.	
needs	Skilled nursing care	No Charge	Not Covered	Limited to 60 days post-hospitalization per calendar year. Prior authorization required.	
	Durable medical equipment	\$50 copay/ episode of illness for DME and orthotic appliances; No charge/ device for prosthetic devices	Not Covered	Some limitations apply. Please see your Summary Plan Description for details.	
	Hospice services	No Charge	Not Covered	Limited to 360 day per participant lifetime maximum. Physician certification required.	
	Children's eye exam	\$15 copay/ visit	Not Covered	Limited to 1 eye exam per year to determine the need for sight correction.	
If your child needs dental or eye care	Children's glasses	Not Covered	Not Covered	Not covered under this medical and pharmacy benefits plan.	
	Children's dental check-up	Not Covered	Not Covered	Not covered under this medical and pharmacy benefits plan.	

	Excluded Services & Other Covered Services: Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)					
•	Acupuncture	•	Long-Term Care	•	Private Duty Nursing	
•	Cosmetic Surgery	•	Non-Emergency Care When Traveling Outside the U.S.	•	Routine Eye Care (Adult) Routine Foot Care	
•	Dental Care (Adult) Hearing Aids	•	Out-of-Network Pharmacy for Maintenance Drugs	•	Weight Loss Programs	

C	Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)					
•	 Bariatric Surgery (limited to JHS Centers of Excellence) 	•	Chiropractic Care	•	Infertility Treatment (limited to 1 sequence per participant lifetime)	

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information is: the U.S. Department of Health and Human Services at 1-877-267- 2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact AvMed's Member Engagement Center at 1-800-682-8633.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Para obtener asistencia en Español, llame al 1-800-682-8633.

To see examples of how this **plan** might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal ca hospital delivery)	re and a	Managing Joe's type 2 Diabetes (a year of routine in-network care of a well- controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
The plan's overall deductible	\$0	The plan's overall deductible	\$0	The plan's overall deductible	\$0
Specialist copayment	\$30	Specialist copayment	\$30	Specialist copayment	\$30
Hospital (facility) copayment	\$0	Hospital (facility) copayment \$0Other coinsurance N/A		Hospital (facility) copayment	\$0
Other coinsurance	N/A			Other coinsurance	N/A
This EXAMPLE event includes services like:Specialist office visits (prenatal care)Childbirth/delivery professional servicesChildbirth/delivery facility servicesDiagnostic tests (ultrasounds and blood work)Specialist visit (anesthesia)Total Example Cost\$12,700		This EXAMPLE event includes services like:Primary care physician office visits (including disease education)Diagnostic tests (blood work)Prescription drugsDurable medical equipment (glucose meter)Total Example Cost\$5,600		This EXAMPLE event includes services like:Emergency room care (including medical supplies)Diagnostic test (x-ray)Durable medical equipment (crutches)Rehabilitation services (physical therapy)Total Example Cost\$2,800	
In this example, Peg would pay:	-	In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$0	Deductibles	\$0	Deductibles	\$0
Copayments	\$200	Copayments	\$1,000	Copayments	\$500
Coinsurance	\$0	Coinsurance	\$0	Coinsurance	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$69	Limits or exclusions	\$20	Limits or exclusions	\$0

The **plan** would be responsible for the other costs of these EXAMPLE covered services.

\$1,020

The total Mia would pay is

The total Joe would pay is

\$260

The total Peg would pay is

\$500