



## PALS ON DEMAND

Papa connects \*AvMed Medicare Circle and Choice Members with specially trained and selected "Papa Pals" for companionship and assistance with everyday tasks, creating a family on demand just for you.

### COMPANIONSHIP

- Play board games
- Watch a movie
- Take a walk

### TECHNOLOGY

- How to use computers, smart phones and tablets
- Assistance with software
- How to access telehealth and AvMed Member Portal

### HOUSE NEEDS

- Light cleaning
- Meal prep
- Organization
- Pet help

### TRANSPORTATION

- Doctors appointments
- Errands
- Grocery/Pharmacy shopping/Visit the park



\*Circle and Choice AvMed Members in Broward and Miami-Dade counties are entitled to 120 hours per year.

**Papa can impact  
companionship & task  
assistance through:**

**Peer to  
Peer  
Support**

**Having a  
Gym Pal**

**Essential  
Transportation**

### OUR PAPA PALS:

- Can be accessed virtually while social distancing at home.
- Are enthusiastic and compassionate.
- Go through a strict vetting process, including background check.
- Are covered through our liability insurance.