



# **HEDIS<sup>®</sup> MY 2023**

**A Detailed Data Set  
From the Year 2023**

**COMMERCIAL PRODUCT**



**Embrace better health.<sup>®</sup>**



We are pleased to present the AvMed HEDIS MY 2023 Report, a detailed data set designed to give employers and consumers an objective look at how we're keeping members well and how we're caring for members when they're sick.

The National Committee for Quality Assurance developed HEDIS (Healthcare Effectiveness Data and Information Set) as a framework for health plans to collect, analyze and report identical performance measurements each year. In fact, more than 90 percent of America's health plans utilize HEDIS to measure performance on important dimensions of care and service. Quality health care can be defined as the extent to which members get the care they need in a manner that most effectively protects or restores their health. The performance measures in HEDIS are related to many significant public health issues such as cancer, heart disease, smoking, asthma and diabetes. HEDIS allows objective assessment of a health plan's value in comparison with other health plans. HEDIS has gone a long way in showing employers how their employees will be treated in various areas of health care services. Choosing a high-quality health plan plays a significant role in determining whether employees will get high-quality care.

The scope of the NCQA HEDIS Compliance Audit includes the following domains:

- Effectiveness of Care
- Access/Availability of Care
- Experience of Care
- Health Plan Descriptive Information
- Utilization and Risk Adjusted Utilization
- Measures Collected Using Electronic Clinical Data Systems

AvMed has undergone a Full Audit.



**Embrace better health.®**

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## Effectiveness of Care

### Childhood immunization Status

4 DTaP by 2nd birthday .....	85.40%
3 IPV by 2nd birthday .....	93.92%
1 MMR between 1st and 2nd birthday .....	89.05%
3 HiB by 2nd birthday .....	94.16%
1 Hep A by 2nd birthday .....	88.08%
3 Hep B by 2nd birthday .....	90.27%
2 or 3 Rotavirus by 2nd birthday .....	84.91%
2 Influenza by 2nd birthday .....	36.74%
1 VZV between 1st and 2nd birthday .....	90.75%
4 Pneumococcal conjugate .....	86.37%
Combo 3 (DTaP, IPV, MMR, HiB, HepB, VZV, PCV) .....	76.89%
Combo 7 (DTaP, IPV, MMR, HiB, HepB, VZV, PCV, HepA, RV) ..	71.78%
Combo 10 (DTaP, IPV, MMR, HiB, HepB, VZV, PCV, HepA, RV, Influenza) .....	33.82%

### Immunizations for Adolescents

Meningococcal between 11th and 13th birthday .....	84.43%
Tdap/TD between 10th and 13th birthday .....	91.73%
Human Papillomavirus Vaccine	
Adolescents (HPV) between 9th and 13th birthday.....	36.50%
Combo 1 (Meningococcal & Tdap) .....	83.70%
Combo 2 (Meningococcal, Tdap & HPV) .....	34.31%

### Appropriate Testing for Pharyngitis

Members diagnosed with pharyngitis and on an antibiotic who received a group A strep test .....	66.16%
Appropriate Treatment for URI	
Members ages 3 months and older with a diagnosis of upper respiratory infection who were not dispensed an antibiotic.....	76.21%

### Breast Cancer Screening

Women, continuously enrolled for 2 years, who have received a mammogram within a two-year period .....	76.31%
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### Cervical Cancer Screening

Women ages 21-64, continuously enrolled for three years, who have received a Pap test within a three-year period .....	78.10%
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### Hemoglobin A1c Control for Patients With Diabetes

HbA1c poor control (>9.0%) .....	26.28%
HbA1c control (<8.0%) .....	67.40%

### Eye Exam for Patients With Diabetes

Eye exam .....	34.31%
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### Blood Pressure Control for Patients With Diabetes

Blood pressure controlled <140/90 mm Hg .....	56.93%
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### Kidney Health Evaluation for Patients With Diabetes

.....	48.39%
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### Antidepressant Medication Management

Effective acute phase treatment .....	66.02%
Effective continuation phase treatment .....	45.96%

### Follow-up After Hospitalization for Mental Illness

Received follow-up within 7 days of discharge .....	39.32%
Received follow-up within 30 days of discharge .....	60.11%

### Controlling High Blood Pressure

Adults 18-85 with hypertension who controlled blood pressure to <140/90 mm HG .....	56.48%
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### Persistent beta blocker treatment after a heart attack

.....	57.89%
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### Avoidance of Antibiotic Treatment for Acute Bronchitis

Ages 3 months and older diagnosed with acute bronchitis who were not dispensed an antibiotic.....	50.92%
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### Use of Spirometry Testing in the Assessment and Diagnosis of COPD

Ages 40 and older with new diagnosis of, or newly active, COPD who received spirometry testing to confirm the diagnosis .....	37.73%
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### Pharmacotherapy Management of COPD Exacerbation

Use of systemic corticosteroid .....	65.12%
Use of bronchodilator .....	62.79%

### Use of Imaging Studies for Low Back Pain

Percentage of members who were diagnosed with low back pain who did not have X-ray, MRI or CT scan .....	64.09%
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### Colorectal Cancer Screening

Ages 50-75 .....	59.61%
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## Access/Availability

### Adults' Access to Preventive/Ambulatory Health Services

Ages 20-44 .....	93.80%
Ages 45-64 .....	96.85%
Ages 65+ .....	96.01%

### Prenatal and Postpartum Care

Timely prenatal care in first trimester .....	78.16%
Postpartum care between 7 and 84 days after delivery.....	81.03%

### Well-Child Visits in the First 30 Months of Life

First 15 Months .....	83.80%
15 Months - 30 Months.....	84.06%

### Child and Adolescent Well-Care Visits

Percentage of children or adolescent aged 3-21 with one or more visits during the year.

Ages 3-11 .....	71.48%
Ages 12-17 .....	61.55%
Ages 18-21 .....	40.44%

## Satisfaction With the Experience of Care

The following results are from the National Committee for Quality Assurance's standardized member satisfaction survey, administered by DSS Research, an independent vendor.

### Participants Responding "Usually" and "Always"

Doctors communicate well.....	N/A
Easy to get care quickly .....	N/A
Claims processing efficient .....	N/A
Customer service at AvMed .....	N/A
Getting needed care .....	N/A

### Participants Who Rated AvMed 8, 9, or 10 on a 10-Point scale with 10 Being Highest

Overall satisfaction with AvMed .....	73.15%
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## Health Plan Stability

### Total Membership

Product/Product Line	Members*
<b>HMO/POS Combined</b>	
Commercial .....	163,335
Medicare .....	17,509
Exchange (HMO only) .....	7,025

**TOTAL .....** **187,869**

\*Enrollment as of Dec. 31, 2023

## Plan Description

### Member Enrollment by Age

Age	Total
<1	1,336
1-4	5,274
5-9	7,732
10-14	9,106
15-17	6,587
18-19	4,536
0-19 Subtotal	34,571
0-19 Subtotal %	21.17%
20-24	12,631
25-29	10,344
30-34	11,167
35-39	12,620
40-44	13,392
20-44 Subtotal	60,154
20-44 Subtotal %	36.83%
45-49	14,186
50-54	16,214
55-59	16,287
60-64	14,735
45-64 Subtotal	61,422
45-64 Subtotal %	37.60%
65-69	4,808
70-74	1,443
75-79	622
80-84	225
85-89	57
>=90	33
>=65 Subtotal	7,188
>=65 Subtotal %	4.40%
<b>Total</b>	<b>163,335</b>







# HEDIS<sup>®</sup> MY 2023

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