



## Behavioral Health Identification, Treatment and Referral in Primary Care: 3-Part On-demand Series



### On-demand Webcasts

#### Part One: Depression and Follow-up After Higher Levels of Care

**Activity Expiration Date:** June 8, 2024

##### Activity Description

Depression significantly impacts both mental and physical health and can result in serious long-term morbidities. Screening tools are routinely used in clinical practice for measurement-based treatment decisions and adjustments. HEDIS serves as a standard measurement tool for comparing performance with a focus on quality improvements. This activity will explain HEDIS measures related to the treatment of depression and the referral process for behavioral health treatment.

**Presenters:** Yusra Benhalim, MD, Senior National Medical Director, Optum Behavioral Health and Diane Sanders-Cepeda, DO, CMD, Senior Medical Director, UnitedHealthcare Retiree Solutions

##### Learning Objectives

At the end of this educational activity, participants should be able to:

- Discuss the screening, diagnosis, treatment and medication adherence for depression.
- Describe the aspect of HEDIS measures related to the treatment of depression through anti depression medication management (AMM).
- Define HEDIS qualified aftercare appointments for follow-up after hospitalization (FUH) and follow-up after emergency department visit for mental illness (FUM).
- Explain the referral process for behavioral health treatment.

Learn More at

[optumhealtheducation.com/primary-care-behavioral-health-2021](https://optumhealtheducation.com/primary-care-behavioral-health-2021)

**Part Two:** Substance Use Disorder COMING SOON!

**Part Three:** Children and Adolescents COMING SOON!

Provided By

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