



Population Health and Provider Alliances Procedure Manual

Section: Chapter 8 Coverage Issues Guidelines

Number: 08.083

Title: *Remote Therapeutic Monitoring*

Page 1 of 3

Approval: Robert Bonnell, M.D., Medical Director	DATES:	
Responsible Party: VP Population Health	Origination: 12/23/24	Revised:
Distribution: Population Health and Provider Alliances	Effective: <i>Pending 30-day member notification period</i>	Annual Review:
Line of Business: Commercial Only <input type="checkbox"/> QHP/Exchange Only <input type="checkbox"/> Medicare Only <input type="checkbox"/> Commercial & QHP/Exchange <input type="checkbox"/> Commercial, QHP/Exchange, & Medicare <input checked="" type="checkbox"/>		
Targeted For Impact: Member <input type="checkbox"/> Provider <input type="checkbox"/> Provider and Member <input checked="" type="checkbox"/> AvMed <input checked="" type="checkbox"/>		

Purpose:

To provide guidelines for Remote Therapeutic Monitoring to Population Health and Provider Alliances associates for reference when making benefit determinations.

Implementation Information

- 1.0 Clinical Coordination (CCD) associates initiate the implementation of this Procedure.
- 2.0 Associates utilizing this procedure are monitored via individual departmental audit tools.
- 3.0 Associates have access to the *Population Health and Provider Alliances Procedure Manual* and receive notice from management when procedures are developed, revised, or archived:
 - 3.1 On an annual basis or more often when indicated, Population Health and Provider Alliances Procedures are reviewed by associates and Medical Directors:
 - 3.1.1 New, significantly revised, and/or archived procedures are presented at applicable committees for review and additional revision if needed.



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Section: Chapter 8 Coverage Issues Guidelines

Number: 08.083

Title: *Remote Therapeutic Monitoring*

Page 2 of 3

Additional Information

- CCD can be reached during regular business hours (8:00 a.m. - 5:30 p.m.), Monday through Friday via a toll-free number. After regular business hours, urgent calls will be processed by the on-call UM Supervisor or Director.
- Population Health and Provider Alliances health care professionals include Licensed Practical Nurses and Registered Nurses who are currently licensed by the State of Florida.
- AvMed's Medical Directors are Board Certified physicians licensed by the State of Florida.

Background:

- RPM codes are considered Evaluation and Management (E/M) services. As such, CPT codes 99457 and 99458 can only be furnished by a physician or other qualified healthcare professional, or by clinical staff under the general supervision of the physician (eligible to bill Medicare for E/M services).
- Monitoring must occur over at least 16 days of a 30-day period in order for CPT codes 99453 and 99454 to be billed.
- Even when multiple medical devices are provided to a patient, the services associated with all the medical devices can be billed only once per patient per 30-day period and only when at least 16 days of data have been collected. CMS also noted that CPT 99453 can be billed only once per episode of care where an episode of care is defined as "beginning when the remote physiologic monitoring service is initiated and ends with attainment of targeted treatment goals."

Coverage Guidelines:

- Allowed for patients with both chronic and acute conditions.
- Must be for an established patient, one with whom the physician has had a prior new patient E/M service. This E/M service is allowed to be done via telehealth.
- Monitoring must be medically reasonable and necessary.
- Monitoring beyond one year is not considered to be medically necessary unless there is documentation of significant therapeutic changes in the member's medical regimen.



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Section: Chapter 8 Coverage Issues Guidelines

Number: 08.083

Title: *Remote Therapeutic Monitoring*

Page 3 of 3

Procedure:

- 1.0 This Procedure provides guidelines for Remote Therapeutic Monitoring to Population Health and Provider Alliances associates to reference when making benefit determinations and defines AvMed's coverage position.

References:

1. CMS MLN901705 April 2024 Remote Therapeutic monitoring