Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services

Ave Embrace Embrace Embrace Embrace Share (2023)

Coverage for: Individual or Individual + Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-477-8768 or visit <u>www.avmed.org</u> and sign into the Member Portal. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary</u> or call 1-800-477-8768 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	Indian Health Care Provider (IHCP): \$0 Individual / \$0 Family Non-IHCP Provider: Not Applicable	See the Common Medical Event chart below for your costs for services this plan covers.
Are there services covered before you meet your <u>deductible</u> ?	Yes. This plan has no <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No. There are no other specific deductibles.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> limit for this <u>plan</u> ?	Not Applicable.	This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses.
What is not included in the out-of-pocket limit?	Not Applicable.	This <u>plan</u> does not have an out-of-pocket limit on your expenses.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.avmed.org</u> or call 1-800-477-8768 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider</u> <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common			u Will Pay		
Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least) (You will pay the most)		Limitations, Exceptions, & Other Important Information	
If you visit a health care provider's office or clinic	Primary Care visit to treat an injury or illness	No Charge	Not Covered	Additional charges may apply for non- preventive services performed in the Physician's office.	
	<u>Specialist</u> visit	No Charge	Not Covered	Additional charges may apply for non- preventive services performed in the Physician's office.	
	Preventive care/screening/immunization	No Charge	Not Covered	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.	
lf you have a test	<u>Diagnostic test</u> (x-ray, blood work)	Independent facility: No Charge; Hospital-affiliated facility: No Charge	Not Covered	Charges for office visits may apply if services are performed in a Physician's office. Charges for certain other labs and Specialty labs will be higher.	
	Imaging (CT/PET scans, MRIs)	Independent facility: No Charge; Hospital-affiliated facility: No Charge	Not Covered	Charges for office visits or Physician/professional services may also apply depending on where services are received.	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.avmed.org	Generic drugs (Tier 1 & Tier 2)	Value generic drugs 30-day supply: No Charge; 90-day supply: No Charge Generic drugs 30-day supply: No Charge 90-day supply: No Charge	Not Covered	Certain limits may apply, including, for example: prior authorization, step therapy, quantity limits. Covered drugs in Tiers 1-4 are available up to a 90-day supply at retail pharmacies; and a 60-90-day supply via mail order. Drugs in Tier 5 & 6 are available up to a 30-day supply, at retail pharmacies only.	
	Preferred brand drugs (Tier 3)	30-day supply: No Charge; 90-day supply: No Charge	Not Covered	30-day supply, at retail pharmacies only. Brand additional charges may apply. Coupons or any other third-party prescription drug cost-sharing assistance	
	Non-Preferred brand drugs (Tier 4)	30-day supply: No Charge; 90-day supply: No Charge	Not Covered	will not apply toward any calendar year deductible or out-of-pocket limit.	

Common			J Will Pay		
Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least) (You will pay the most)		Limitations, Exceptions, & Other Important Information	
	<u>Specialty drugs</u> (Tier 5 & Tier 6)	Preferred Specialty Drugs: No Charge (Retail only); Non-Preferred Specialty Drug: No Charge (Retail only)	Not Covered		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Independent facility: No Charge; Hospital-affiliated facility: No Charge	Not Covered	Prior authorization required.	
	Physician/surgeon fees	No Charge	Not Covered	Prior authorization required.	
If you need immediate medical attention	Emergency room care	No Charge	No Charge	AvMed must be notified within 24-hours of inpatient admission following emergency services, or as soon as reasonably possible. Charges are waived if admitted.	
	Emergency medical transportation	Ground: No Charge; Air/Water: No Charge	Ground: No Charge; Air/Water: No Charge	None	
	<u>Urgent care</u>	Independent urgent care facility: No Charge; Hospital-affiliated urgent care facility: No Charge; Retail clinic: No Charge	Independent urgent care facility: No Charge; Hospital-affiliated urgent care facility: No Charge; Retail clinic: Not Covered	None	
If you have a hospital stay	Facility fee (e.g., hospital room)	No Charge	Not Covered	Prior authorization required.	
	Physician/surgeon fees	No Charge	Not Covered	Prior authorization required.	
If you need mental health,	Outpatient services	No Charge	Not Covered	Prior authorization may be required.	
behavioral health, or substance abuse services	Inpatient services	No Charge	Not Covered	Prior authorization may be required.	
If you are pregnant	Office visits	Routine OB or midwife: No Charge	Not Covered	None	
	Childbirth/delivery professional services	No Charge	Not Covered	Maternity care may include tests and services described elsewhere in the SBC (e.g., ultrasound).	

Common		What You Will Pay			
Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Childbirth/delivery facility services	Hospital: No Charge; Birthing center: Same as routine OB	Not Covered	Prior authorization required.	
	Home health care	No Charge	Not Covered	Limited to 20 skilled visits per calendar year. Approved treatment plan required.	
If you need help recovering or have other special health needs	Rehabilitation services	Independent facility: No Charge; Hospital-affiliated facility: No Charge; Chiropractic services: No Charge	Not Covered	Limited to 35 visits per calendar year for outpatient rehabilitative PT, OT, ST, cardiac rehab, pulmonary rehab, and chiropractic services combined. Cardiac and pulmonary rehab require prior authorization.	
	Habilitation services	Independent facility: No Charge; Hospital-affiliated facility: No Charge	Not Covered	Limited to 35 visits per calendar year for outpatient habilitative PT, OT and ST combined.	
	Skilled nursing care	No Charge	Not Covered	Limited to 60 days post-hospitalization care per calendar year. Prior authorization required.	
	Durable medical equipment	No Charge	Not Covered	Excludes vehicle modifications, home modifications, exercise equipment, and bathroom equipment.	
	Hospice services	No Charge	Not Covered	Physician certification required.	
If your child needs dental or eye care	Children's eye exam	No Charge	Not Covered	Limited to one exam per calendar year to determine the need for sight correction.	
	Children's glasses	No Charge	Not Covered	Limited to one pair per calendar year from a pre-selected group of frames.	
	Children's dental check-up	No charge for preventive care at Delta Dental Network providers	Not Covered	Limited to one exam every 6 months. See the dental portion of your AvMed Contract for coverage details.	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)					
<ul><li>Acupuncture</li><li>Bariatric Surgery</li><li>Cosmetic Surgery</li></ul>	<ul> <li>Infertility Treatment</li> <li>Long-term Care</li> <li>Non-Emergency Care When Trave</li> </ul>	<ul> <li>Routine Foot Care</li> <li>Weight Loss Programs</li> </ul>			
Hearing Aids	U.S. <ul> <li>Private-Duty Nursing</li> </ul>				
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)					
Child Dental Check Up	Chiropractic Care	<ul> <li>Routine Eye Care (Adult)</li> </ul>			

Child Glasses

- Dental Care (Adult)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the Florida Office of Insurance Regulation at 1-877-693-5236 or www.floir.com/consumers, the U.S. Department of Labor, Employee Benefits Security Administration, at 1-866-444-3272 or www.dol.gov/ebsa/healthreform, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.ccjio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact AvMed's Member Engagement Center at 1-800-477-8768. You may also contact your state insurance department. Additionally, a consumer assistance program can help you file your appeal. Contact the Florida Department of Financial Services, Division of Consumer Services, at 1-877-693-5236 or www.floir.com/consumers.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit. Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services: Para obtener asistencia en Español, llame al 1-800-477-8768.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

## About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a B</b> (9 months of in-network pre-natal ca delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
The plan's overall deductible\$0Specialist copayment\$0Hospital (facility) copayment\$0Other copayment\$0		<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist copayment</u></li> <li>Hospital (facility) <u>copayment</u></li> <li>Other <u>copayment</u></li> </ul>	\$0 \$0 \$0 \$0	<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist copayment</u></li> <li>Hospital (facility) <u>copayment</u></li> <li>Other <u>copayment</u></li> </ul>	\$0 \$0 \$0 \$0
This EXAMPLE event includes services like: Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)		This EXAMPLE event includes services like: Primary care physician office visits ( <i>including disease education</i> ) Diagnostic tests ( <i>blood work</i> ) Prescription drugs Durable medical equipment ( <i>glucose meter</i> )		<b>This EXAMPLE event includes services like:</b> Emergency room care <i>(including medical supplies)</i> Diagnostic test <i>(x-ray)</i> Durable medical equipment <i>(crutches)</i> Rehabilitation services <i>(physical therapy)</i>	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$0	Deductibles	\$0	Deductibles	\$0
Copayments	\$0	Copayments	\$0	Copayments	\$0
Coinsurance	\$0	Coinsurance	\$0	Coinsurance	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0
The total Peg would pay is	\$60	The total Joe would pay is	\$20	The total Mia would pay is	\$0

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.