



## ***Pectus Deformity Repair***

<b>Origination:</b> 02/03/09	<b>Revised:</b> 7/23/20	<b>Annual Review:</b> 12/19/23
<b>Line of Business:</b> Commercial Only <input type="checkbox"/> QHP/Exchange Only <input type="checkbox"/> Medicare Only <input type="checkbox"/> Commercial & QHP/Exchange <input type="checkbox"/> Commercial, QHP/Exchange, & Medicare <input checked="" type="checkbox"/>		

### **Purpose:**

To provide pectus deformity repair guidelines for Population Health and Provider Alliances associates to reference when making benefit determinations.

### ***Additional Information***

- Pectus excavatum is often a cosmetic defect, but it may have varied anatomic and symptomatic presentations. CT scans can be used in patients being evaluated for surgery to document more clearly the severity of the degree of lung compression and clarify the need for operation.
- Another etiology of chest asymmetry is Poland's Syndrome. This consists of absence or hypoplasia of the pectoralis major and minor muscles, hypoplasia or absence of nipple and breast, hypoplasia of subcutaneous fat, absence of axillary hair, and partial absence of the upper costal cartilages and portions of ribs.

### ***Coverage Criteria***

- A. Surgery to correct the functional disorders associated with Pectus Excavatum will be considered when ALL of the following criteria are met:
1. Member is at least seven (7) years old;
  2. Cardiac displacement or pulmonary compromise demonstrated by ANY ONE (1) of the following:
    - a. CT scan of the chest with a CT index (Haller index) > 3.2;
    - b. Serial chest x-rays showing atelectasis;
    - c. Pulmonary Function testing demonstrating restrictive lung disease;
    - d. Echocardiogram showing MVP or other valvular abnormalities;
    - e. EKG showing A-V conduction delays.
- B. Surgery to correct the functional disorders associated with Poland Syndrome will be considered when ALL of the following criteria are met:
1. Member is at least seven (7) years old;
  2. Poland Syndrome has been definitely diagnosed by all of the following:
    - a. Absence of the sternal head of the pectoralis major muscle;
    - b. Ipsilateral hypoplasia and/or aplasia of breast or nipple;
    - c. Ipsilateral deficiency of subcutaneous fat and axillary hair;



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- d. Ipsilateral abnormalities of rib cage;
- e. Ipsilateral upper extremity anomalies including short upper arm, forearm, or fingers;
- f. Additional features might include:
  - i. Hypoplasia or aplasia or serratus, external oblique, pectoralis minor, latissimus dorsi, infraspinatus and supraspinatus muscles;
  - ii. Total absence of anterolateral ribs and herniation of lung;
  - iii. Syndactyly and hypoplasia or aplasia of the middle phalanges.

C. Photodocumentation will be required to substantiate the above findings.

### ***Exclusion Criterion***

- Surgery to correct Pectus Carinatum is considered cosmetic and not a covered benefit because this deformity does not cause physiologic disturbances from compression of the heart or lungs.

### **References:**

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### **Disclaimer Information:**

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