



HEDIS[®] MY 2022

**A Detailed Data Set
From the Year 2022**

COMMERCIAL PRODUCT



Embrace better health.[®]

We are pleased to present the AvMed HEDIS MY 2022 Report, a detailed data set designed to give employers and consumers an objective look at how we're keeping members well and how we're caring for members when they're sick.

The National Committee for Quality Assurance developed HEDIS (Healthcare Effectiveness Data and Information Set) as a framework for health plans to collect, analyze and report identical performance measurements each year. In fact, more than 90 percent of America's health plans utilize HEDIS to measure performance on important dimensions of care and service. Quality health care can be defined as the extent to which members get the care they need in a manner that most effectively protects or restores their health. The performance measures in HEDIS are related to many significant public health issues such as cancer, heart disease, smoking, asthma and diabetes. HEDIS allows objective assessment of a health plan's value in comparison with other health plans. HEDIS has gone a long way in showing employers how their employees will be treated in various areas of health care services. Choosing a high-quality health plan plays a significant role in determining whether employees will get high-quality care.

The scope of the NCQA HEDIS Compliance Audit includes the following domains:

- Effectiveness of Care
- Access/Availability of Care
- Experience of Care
- Health Plan Descriptive Information
- Utilization and Risk Adjusted Utilization
- Measures Collected Using Electronic Clinical Data Systems

AvMed has undergone a Full Audit.



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Effectiveness of Care

Childhood immunization Status

4 DTaP by 2nd birthday	86.62%
3 IPV by 2nd birthday	92.94%
1 MMR between 1st and 2nd birthday	89.29%
3 HiB by 2nd birthday	94.16%
1 Hep A by 2nd birthday	85.16%
3 Hep B by 2nd birthday	90.02%
2 or 3 Rotavirus by 2nd birthday	86.62%
2 Influenza by 2nd birthday	42.09%
1 VZV between 1st and 2nd birthday	90.75%
4 Pneumococcal conjugate	89.05%
Combo 3 (DTaP, IPV, MMR, HiB, HepB, VZV, PCV)	80.78%
Combo 7 (DTaP, IPV, MMR, HiB, HepB, VZV, PCV, HepA, RV) ..	72.75%
Combo 10 (DTaP, IPV, MMR, HiB, HepB, VZV, PCV, HepA, RV, Influenza)	36.74%

Immunizations for Adolescents

Meningococcal between 11th and 13th birthday	83.31%
Tdap/TD between 10th and 13th birthday	92.77%
Human Papillomavirus Vaccine	
Adolescents (HPV) between 9th and 13th birthday.....	32.32%
Combo 1 (Meningococcal & Tdap)	82.85%
Combo 2 (Meningococcal, Tdap & HPV)	31.21%

Appropriate Testing for Pharyngitis

Members diagnosed with pharyngitis and on an antibiotic who received a group A strep test	50.86%
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Appropriate Treatment for URI

Members ages 3 months and older with a diagnosis of upper respiratory infection who were not dispensed an antibiotic.....	79.52%
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Breast Cancer Screening

Women, continuously enrolled for 2 years, who have received a mammogram within a two-year period	75.81%
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Cervical Cancer Screening

Women ages 21-64, continuously enrolled for three years, who have received a Pap test within a three-year period	74.32%
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Hemoglobin A1c Control for Patients With Diabetes

HbA1c poor control (>9.0%)	29.20%
HbA1c control (<8.0%)	62.04%

Eye exam for Patients with Diabetes

Eye exam	31.39%
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Blood Pressure Control for Patients With Diabetes

Blood pressure controlled <140/90 mm Hg	53.53%
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Kidney Health Evaluation for Patients With Diabetes

.....	48.32%
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Antidepressant Medication Management

Effective acute phase treatment	64.33%
Effective continuation phase treatment	44.79%

Follow-up After Hospitalization for Mental Illness

Received follow-up within 7 days of discharge	28.09%
Received follow-up within 30 days of discharge	48.71%

Controlling High Blood Pressure

Adults 18-85 with hypertension who controlled blood pressure to <140/90 mm HG	54.26%
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Persistent beta blocker treatment after a heart attack

.....	72.62%
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Avoidance of Antibiotic Treatment for Acute Bronchitis

Ages 3 months and older diagnosed with acute bronchitis who were not dispensed an antibiotic.....	50.30%
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Use of Spirometry Testing in the Assessment and Diagnosis of COPD

Ages 40 and older with new diagnosis of, or newly active, COPD who received spirometry testing to confirm the diagnosis	40.84%
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Pharmacotherapy Management of COPD Exacerbation

Use of systemic corticosteroid	76.12%
Use of bronchodilator	79.10%

Use of Imaging Studies for Low Back Pain

Percentage of members who were diagnosed with low back pain who did not have X-ray, MRI or CT scan	64.50%
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Colorectal Cancer Screening

Ages 50-75	47.69%
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Access/Availability

Adults' Access to Preventive/Ambulatory Health Services

Ages 20-44	93.37%
Ages 45-64	96.43%
Ages 65+	95.96%

Prenatal and Postpartum Care

Timely prenatal care in first trimester	70.37%
Postpartum care between 7 and 84 days after delivery.	70.74%

Well-Child Visits in the First 30 Months of Life

First 15 Months	83.69%
15 Months - 30 Months.....	85.83%

Child and Adolescent Well-Care Visits

Percentage of children or adolescent aged 3-21 with one or more visits during the year.

Ages 3-11	69.81%
Ages 12-17	60.96%
Ages 18-21	40.20%

Satisfaction With the Experience of Care

The following results are from the National Committee for Quality Assurance's standardized member satisfaction survey, administered by DSS Research, an independent vendor.

Participants Responding "Usually" and "Always"

Doctors communicate well.....	N/A
Easy to get care quickly	N/A
Claims processing efficient	N/A
Customer service at AvMed	N/A
Getting needed care	N/A

Participants Who Rated AvMed 8, 9, or 10 on a 10-Point scale with 10 Being Highest

Overall satisfaction with AvMed	71.67%
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Health Plan Stability

Total Membership

Product/Product Line	Members*
HMO/POS Combined	
Commercial.....	167,677
Medicare.....	20,581
Exchange (HMO only)	39,461

TOTAL **227,719**

*Enrollment as of Dec. 31, 2022

Use of Services

Frequency of selected procedures

Procedure	Age	Sex	Number of Procedures	Procedures/1,000 Members
Tonsillectomy	0-9	M&F	91	6.08
	10-19	M&F	31	1.47
Hysterectomy, Abdominal	15-44	Female	33	0.85
	45-64	Female	68	2.02
	65+	Female	4	1.29
Hysterectomy, Vaginal	15-44	Female	18	0.46
	45-64	Female	34	1.01
	65+	Female	3	0.97
Cholecystectomy, Open	30-64	Male	5	0.11
	15-44	Female	1	0.03
	45-64	Female	4	0.12
	65+	Male	3	0.82
	65+	Female	3	0.97
Cholecystectomy, Closed (Laparoscopic)	30-64	Male	113	2.43
	15-44	Female	145	3.72
	45-64	Female	148	4.40
	65+	Male	8	2.19
	65+	Female	11	3.56
Back Surgery	20-44	Male	34	1.21
	20-44	Female	31	0.93
	45-64	Male	103	3.48
	45-64	Female	107	3.18
	65+	Male	23	6.29
	65+	Female	15	4.85
PCI	45-64	Male	128	4.32
	45-64	Female	33	0.98
	65+	Male	39	10.67
	65+	Female	10	3.23
Cardiac Catheterization	45-64	Male	222	7.50
	45-64	Female	151	4.49
	65+	Male	55	15.04
	65+	Female	27	8.73
Coronary Artery Bypass Graft	45-64	Male	39	1.32
	45-64	Female	11	0.33
	65+	Male	15	4.10
	65+	Female	2	0.65
Prostatectomy	45-64	Male	75	2.53
	65+	Male	35	9.57
Mastectomy	15-44	Female	28	0.72
	45-64	Female	74	2.20
	65+	Female	10	3.23
Lumpectomy	15-44	Female	46	1.18
	45-64	Female	142	4.23
	65+	Female	20	6.47
Bariatric Weight Loss Surgery	0-19	Male	0	0
	0-19	Female	1	0.06
	20-44	Male	32	1.14
	20-44	Female	114	3.41
	45-64	Male	31	1.05
	45-64	Female	117	3.48
	65+	Male	0	0
	65+	Female	0	0

Plan Description

Member Enrollment by Age

Age	Total
<1	1,459
1-4	5,551
5-9	7,957
10-14	9,612
15-17	6,733
18-19	4,734
0-19 Subtotal	36,046
0-19 Subtotal %	21.50%
20-24	12,906
25-29	10,632
30-34	11,607
35-39	12,973
40-44	13,498
20-44 Subtotal	61,616
20-44 Subtotal %	36.75%
45-49	14,825
50-54	16,494
55-59	17,018
60-64	14,907
45-64 Subtotal	63,244
45-64 Subtotal %	37.72%
65-69	4,501
70-74	1,402
75-79	563
80-84	206
85-89	67
>=90	32
>=65 Subtotal	6,771
>=65 Subtotal %	4.04%
Total	167,677



HEDIS[®] MY 2022

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