



## **Medication Therapy Management Program**

Our Medication Therapy Management Program (MTMP) is focused on improving therapeutic outcomes for Medicare Part D members. This program is administered by Express Scripts, our pharmacy benefits manager. AvMed Medicare members can participate in this program at no cost. There is no change to insurance benefits, co-pays/coinsurance, prescription coverage, or available doctors or pharmacies while in this program.

To qualify for MTMP, a member must meet all the following criteria:

- Members must have filled eight (8) or more chronic Part D medications; and
- Members must have at least three (3) of the following chronic conditions: asthma; chronic obstructive pulmonary disease (COPD); congestive heart failure (CHF); depression; diabetes; dyslipidemia; hypertension; osteoporosis and/or arthritis; end-stage renal disease; and
- Members may likely incur an annual spend equal to or greater than \$5,330 for 2024 for all covered chronic Part D medications OR
- Are in a Drug Management Program to help better manage and safely use medications such as opioids and benzodiazepines

The success of our MTMP is built upon our proven experience using a wide range of services designed to help members with multiple conditions by:

- Ensuring they take their medications correctly
- Improving medication adherence
- Detecting potentially harmful medication uses or combinations of medications
- Educating members and health care providers

Our programs are evidence-based and can integrate both pharmacy and medical data when available and are built upon multiple measures that demonstrate positive clinical outcomes for members like you. Pharmacists, physicians, and PhDs develop, manage, and evaluate the programs for effectiveness.

One-on-one consultations between our clinicians and members are also an important part of our MTMP. Such consultations ensure that members are taking their medications as prescribed by their health care provider.

## **Comprehensive Medication Review (CMR)**

The Centers for Medicare & Medicaid Services (CMS) requires all Part D sponsors to offer an interactive, person-to-person comprehensive medication review (CMR) to all MTM-eligible members as part of MTMP. If you meet the criteria outlined above, you will receive an MTMP Enrollment Mailer or phone call offering our CMR services. A CMR is a review of a member's medications (including prescription,

over-the-counter (OTC), herbal therapies and dietary supplements), which is intended to aid in assessing medication therapy as well as optimizing outcomes. Also, MTMP-eligible members will be included in quarterly targeted medication review (TMR) programs that assess medication profiles for duplicate therapy or drug-disease interaction in which members' prescribers may receive a member-specific report.

The CMR includes three components:

1. Review of medications to assess medication use and identify medication-related problems. This may be conducted person-to-person or "behind the scenes" by a qualified provider and/or using computerized, clinical algorithms.
2. An interactive, person-to-person consultation performed by a qualified provider at least annually to all MTM-eligible members.
3. An individualized, written summary of the consultation for the member, including but not limited to, a personal medication list (PML), reconciled medication list, action plan, and recommendations for monitoring, education, or self-management.

AvMed has contracted with Express Scripts to deliver MTM services to eligible members. If you would like more information or do not want to take part in the program, please call the AvMed Member Services at 800-782-8633 (TTY: 711), Monday – Friday: 8am-8pm/Saturday: 9 am-1 pm or contact the AvMed MTM Pharmacist at 786-475-5298, Monday – Friday from 8am-5pm.